



PUBLIC SCHOOL DARBHANGA

EVS: MY BODY

My Body

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graph TD; A[My Body] --> B[External body parts]; A --> C[Body Movements]; A --> D[Sense Organs]; B --> E[Large Body parts]; B --> F[Small Body parts]; B --> G[Different looking peoples];
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External
body parts

Body
Movements

Sense Organs

Large Body
parts

Small Body
parts

Different
looking
peoples

Internal Organs

Internal Organs

Brain

Heart

Stomach

Bones

Joints

Muscles

Function of Internal Organs

Brain: It is located within our skull and controls all organs and body parts.

Heart: It is made up of muscles and pumps blood through complete body.

Stomach: It helps digest food and converts food into energy.



Brain



Heart



Stomach



Controls all organs and
Body parts



Pumps Blood to all parts
of the body



Helps to Digest the Food

Function of Internal Organs: Joints

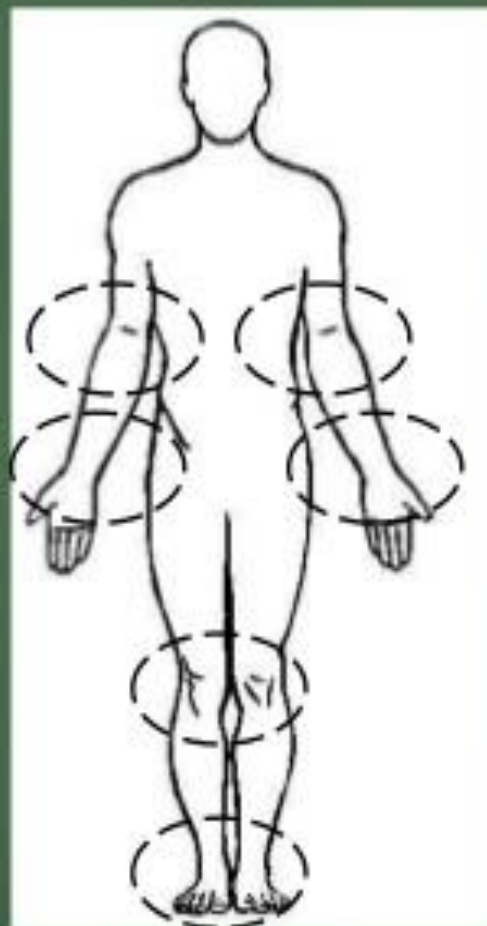
Joints are formed when two bones meet.

Joints and muscles together help us in body actions.

Examples of Joints: Elbow, Wrist, Knee, Ankle, Neck, Hip and Waist.



Wrist



Human body and Joints



Elbow



Knee



Ankle

Function of Internal Organs: Muscles

Muscles are connected to our bones and can be found below our skin.

Muscles and bones together help us move.

Heart and stomach are also made up of muscles.



Hand



Leg



Heart



Stomach

Body Movements



Drawing

Joints used:

- Elbow
- Wrist
- Knee
- Ankle and
- Hip



Dancing

Joints used:

- Elbow
- Wrist
- Fingers
- Neck and
- Knee



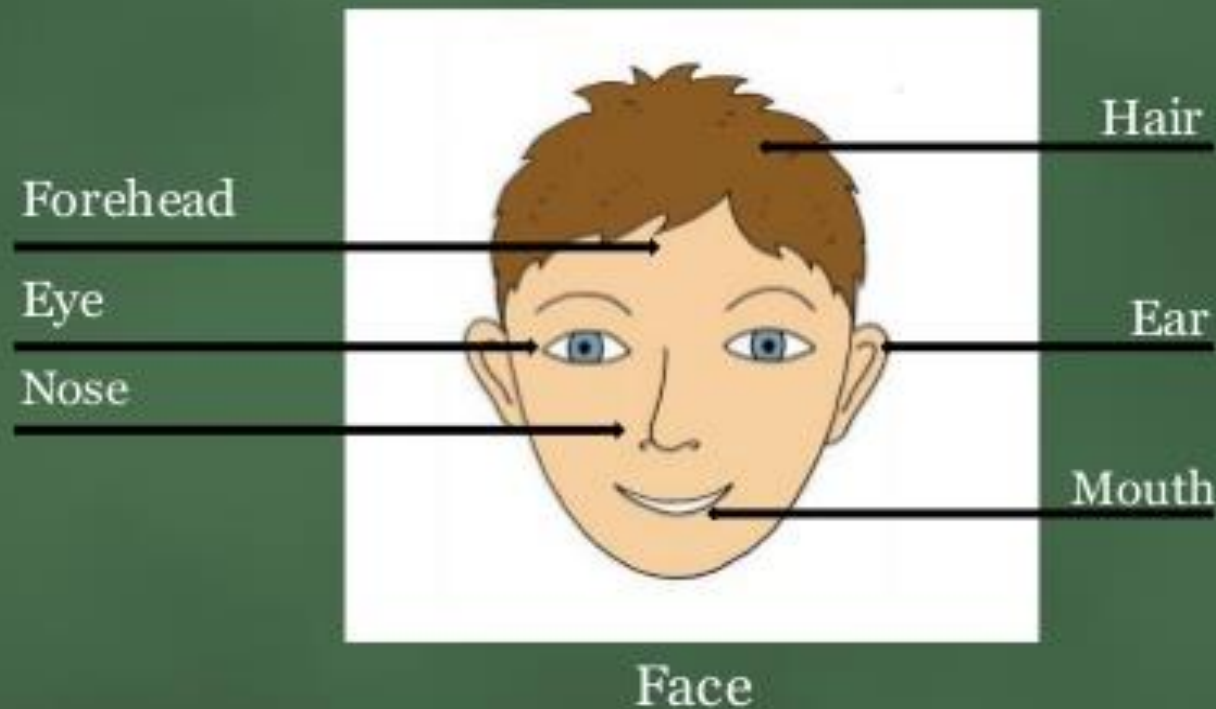
Kicking a football

Joints used:

- Ankle
- Knee
- Hip and
- Toes

External Body Parts: Small body parts

Face have many small parts like forehead, eye, nose, hair, ear and mouth.



External Body Parts: Large body parts

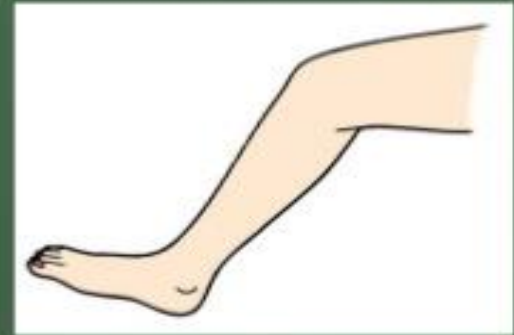
Face, Hands and Legs are the large external body parts.



Face



Arm



Leg

External Body Parts: Looking Different

Everyone has common body parts such as two hands, two eyes, two ears and two legs. But some differences are:

Different Heights

Different Hair colors

Different noses

Different skin colors

Different eye colors

Different body weights



Looking Different

TYPES OF SENSE ORGANS

There are five sense organs, they are:

- Eyes
- Nose
- Ears
- Tongue &
- Skin

The 5 Senses



Sense of Smell



Yummy Cookie



Fresh Flower



Sense of Touch



Rabbit



Hard Rock



Sense of Taste



Sugar



Salt



Sense of Hearing



Cat



Dog



Sense of Sight



Rainbow