



PUBLIC SCHOOL DARBHANGA
SESSION (2020-21)
CLASS-6
CHAPTER-1
FOOD: WHERE DOES IT COME FROM
PROJECT

1. Make a list (with pictures, when possible) of food items generally taken by people of different regions of India. Place these on a large outline map of India to display in your classroom.
2. Find out the names of plants that grow in water and which are eaten as food.(you can take help of your parents or internet.)
3. Prepare some sprouts of *moong* . Wash them in water everyday and drain all the water. Let them grow for a week until the whole of the seeds grow into young plants. Measure the lengths of the sprouts everyday using a string. Take care that they do not break. Make a table of the length of the sprouts on A4 sheet.

NOTE: You can post the picture of your project on Fb and tag Sahaj International to share your learning with others.

SOME FACTS RELATED TO CHAPTER:

There is a lot of variation in the food eaten in different regions of India.

- n The main sources of our food are plants and animals.
- n Animals which eat only plants are called herbivores.
- n Animals which eat only animals are called carnivores.
- n Animals which eat both plants as well as other animals are called omnivores.